



CENTENNIAL SCHOOL

JANUARY 2010 NEWSLETTER

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KIDS HELPING KIDS IN HAITI

this
Friday, Jan. 29th

A donation of \$1 will give you special permission to wear your favorite hat in the school for the day.

All proceeds will go to the Canadian Red Cross Society.

Cell Phones, Game Boys, iPods, and all other Personal Devices

are not allowed at Centennial School.

These are very expensive items which are best left at home.

We appreciate your support.

From the Principal's Desk

Last year, most of our staff and many of our community partners took part in a Staff/Community book study focused on Gordon Neufeld's best-selling book, *Hold on to Your Kids*. We all agreed that the message in this book is very relevant to today's families, and as both educators and parents ourselves, we wanted to learn more. Since then, a few of us have had the opportunity to hear either Mr. Neufeld or his associate, Pamela Whyte, speak in person. Now these were powerful experiences!

As a result, we are very excited to be bringing Pamela Whyte to our school next week for two presentations. Pamela is a faculty member of the Neufeld Institute who works with parents, professionals, and organizations to provide the insight that will allow them to understand the children in their care from the inside out. Pamela's presentations are delivered with compassion, enthusiasm, and insight. As a mother of three children herself, she has a personal and practical understanding of the joys and challenges of parenting.

Next Thursday, we invite all parents to attend:

An Evening with Pamela Whyte February 4th from 7:00 – 9:00pm

Refreshments will be served and child care will be available for school age children.

We will be running a movie for the children so that parents can sit back and enjoy Pamela's presentation.

Please see the poster in this newsletter for further details.

On Friday (Feb. 5), our staff and community partners will have the opportunity to work with Pamela for the entire day. We are all looking forward to these presentations. **So parents, please mark your calen-**

A little note from the office:

If you have other arrangements for your child at the end of the day, please send a **note with them** to school or **phone before 3:00p.m.** (this will enable the office to make sure the message is relayed).



If your child will not be taking the bus home in the afternoon, it is **your responsibility** to contact the transportation board at 1-866-824-9545 to notify them of the change in your child's plans.

Thank you in Advance !!

Room 10 Lends a Helping Hand

Over this past year Room 10 has encouraged students to bring a **"tin for the bin"**, that is to say a non-perishable food item for a local food bank. Our class decided to help out the **Pine Falls Resource Center** because we had heard that their food bank was in desperate need of food. As Christmas approached Mrs. Watling was able to gather our boxes of food and drop them off at the Pine Falls Resource Center. They thanked us very much for our donation.

We are continuing to collect items for Pine Falls and we encourage classes to take up the challenge. **This is our example of kids**

Kindergarten Registration

Kindergarten Registration will be taking place this week, **January 25 - January 29th.**

Kindergarten children must be 5 years of age on or before Dec.31st. Proof of age must be presented at time of registration. A Birth Certificate would be preferred.

Mornings 9:00am—12:00pm

Afternoons 1:00pm—3:30pm

If you are unable to stop by the school to pick-up or fill in a Registration package, please contact the school (345-2462) to arrange an alternate day to pick-up the package.

GETTING PHYSICAL!

As the days get longer and there is more sunlight, it's fun to play outside after school. When the weather gets milder, every child should be able to get outside and play for at least thirty minutes daily, which is the minimum recommended amount of daily physical activity for children.

Gr. 3 & 4 Swedish Dodgeball teams will start playing the second round of their round robin schedule this week. Four teams representing countries from different continents are playing Centennial's favourite game during noon hours. The teams are Paraguay, Denmark, Chad, and Nepal. The games will continue until the end of February.

Mini-volleyball intramurals for Grades 5 & 6 have finished, with eight teams in a round robin format. The round robin was followed by a double elimination playoff to determine a champion. The skills of serving, bumping, and volleying were emphasized, and great improvement in skills was seen with each game played. At the end of the playoff, the "B" side winners were Team 4, with team members Roland V., Elly M., Alexis N., Riley P., and Hudson R. The "A" side winners were Team 5 –Joey C., Nicole O., Kathryn R., Nicolas C., and Chalice L. These teams played off in a championship final, and Team 4, with only three players, edged out Team 5 to win the championship. Both teams challenged the staff to a match at noon hour, and the staff showed that they know a bit about volleyball! Congratulations to both teams for their team play and good sportsmanship.

Grade 6 students will be having **badminton practices** after school starting in the month of February. This is in preparation for the divisional tournament at the end of April.

Centennial School will be participating in **Jump Rope for Heart** in the spring, and in preparation we are practising rope jumping tricks during warm-up activities. Skipping is a great way to improve cardiovascular endurance and co-ordination.

Now that we are halfway through the school year, it may be time to **check your children's running shoes to see if they still fit**, and see how they are holding up with all the use they get. Many children are complaining that their shoes are tight. Those feet just keep on growing! Some shoes are also coming apart or in need of laces, so ask your children about their shoes, or better yet, get them to bring them home over the weekend so you can look at them. Good footwear in the gym really contributes to success in all activities, and is most important in keeping your child safe during activity. Please remember if you are purchasing new shoes that they need to be running shoes for all the activities we do, not skateboard shoes or casual sneakers. They must have non-marking soles also, to avoid leaving marks on our gym floor.

Students who are injured or too ill to participate in Physical Education class must provide a note from parents to excuse them from participating. This is the only way to be sure that ailments are serious enough to warrant sitting out the class. Physical activity is so important for children that they really need to be actively involved in every class.

February is heart month. Be kind to your heart –be active!